

# Table of Contents

## *Instructional Guide for the California Preschool Learning Foundations, Volume 2 (PLF, V2)*

### Introduction to the Instructional Guide

- Introduction ..... 1

### Organizational Chart

- Organizational Chart for the *Instructional Guide for the California Preschool Learning Foundations, Volume 2* ..... 9

## Physical Development Domain

- Introduction to the Instructional Guide for the Physical Development Domain ..... 132
- Map of the Foundations for the Physical Development Domain ..... 138



### **Learning Experience 1: Connecting to the Foundations in the Physical Development Domain by Experiencing Them**

- Preview of Learning Experience 1 ..... 139
- Learning Experience 1 ..... 141
- Online Options ..... 142
- Handout 1: Connecting to the Physical Development Foundations by Experiencing Them ..... 144










### **Learning Experience 2: Connecting to Our Experiences with Physical Activity in Natural Settings**




- Preview of Learning Experience 2 ..... 146
- Learning Experience 2 ..... 148
- Online Options ..... 148, 149



### **Learning Experience 3: Piecing Together the Physical Development Domain Content Puzzle**

- Preview of Learning Experience 3 ..... 151
- Learning Experience 3 ..... 153
- Online Options ..... 155
- Handout 1: Physical Development Foundations ..... 156
- Handout 2: Physical Development Domain Puzzle ..... 159


	<b>Learning Experience 4: Demonstrating the Content of the Physical Development Domain</b>	
•	Preview of Learning Experience 4 .....	162
•	Learning Experience 4 .....	164
•	Online Options .....	167
•	Handout 1: Physical Development Charades Cards.....	168
	<b>Learning Experience 5: Exploring the Content of the Physical Development Domain Through Vocabulary</b>	
•	Preview of Learning Experience 5 .....	171
•	Learning Experience 5 .....	173
•	Online Options .....	174, 175
•	Handout 1: Vocabulary of the Physical Development Domain .....	177
	<b>Learning Experience 6: Exploring the Research and Rationale for the Physical Development Domain</b>	
•	Preview of Learning Experience 6 .....	180
•	Learning Experience 6 .....	182
•	Online Options .....	183, 184
	<b>Learning Experience 7: Linking Preschool Learning Foundations and the Kindergarten Content Standards Related to Physical Development</b>	
•	Preview of Learning Experience 7 .....	186
•	Learning Experience 7 .....	188
•	Online Options .....	190
•	Handout 1: Linking Preschool Learning Foundations and the Kindergarten Content Standards Related to Physical Development.....	193
	<b>Learning Experience 8: Exploring the Impact of Family and Community on Children’s Physical Development</b>	
•	Preview of Learning Experience 8 .....	198
•	Learning Experience 8 .....	200
•	Online Options .....	201, 202
	<b>Learning Experience 9: Communicating Understanding of the Physical Development Domain in the Contexts of Family and Culture</b>	
•	Preview of Learning Experience 9 .....	204
•	Learning Experience 9 .....	206
•	Online Options .....	207
	<b>Learning Experience 10: Exploring Examples of the Physical Development Domain</b>	
•	Preview of Learning Experience 10 .....	209
•	Learning Experience 10 .....	211
•	Online Options .....	213
•	Handout 1: Physical Development Foundations .....	214
•	Handout 2: Observational Guide.....	217

 <b>Learning Experience 11: Physical Development in the Early Care and Education Setting: Exploring Images</b>	
• Preview of Learning Experience 11 .....	220
• Learning Experience 11 .....	222
• Online Options .....	223
 <b>Learning Experience 12: Exploring the Relationships of the Foundations in the Physical Development Domain to Foundations in Other Domains</b>	
• Preview of Learning Experience 12 .....	225
• Learning Experience 12 .....	227
• Online Options .....	228, 229
• Handout 1: Looking for Relationships Across Domains .....	230
 <b>Learning Experience 13: Exploring English-language Development in the Physical Development Foundations: Critical Vocabulary</b>	
• Preview of Learning Experience 13 .....	232
• Learning Experience 13 .....	234
• Online Options .....	235, 236
• Handout 1: Developing Vocabulary in the Fundamental Movement Skills Strand for Children Who Are English Learners .....	237

## Instructional Methodologies Index

- Instructional Methodologies Index for the *Instructional Guide for the California Preschool Learning Foundations, Volume 2* ..... 357

## Student Learning Outcomes Indexes

- Curriculum Alignment Project’s Lower Division Eight Courses and Student Learning Outcomes Indexed with the *Instructional Guide for the California Preschool Learning Foundations, Volume 2* –  
 Physical Development Domain ..... 372

## Appendixes

- Appendix A – Student Learning Outcomes (SLOs) ..... 390
- Appendix B – Summary of the *California Preschool Learning Foundations, Volume 2* ..... 478
- Appendix C – Related Links and Resources ..... 488

## PowerPoint Presentations

- PowerPoint presentations are available for each domain by learning experience.