

# Physical Development



Physical Development: Learning Experience 2

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- Was it hard to remember your early experiences in natural settings or to think of places you would like to visit or places that are important to you?
- How did it feel when you remembered them?
- What kind of feelings did these places bring up?

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- Did you think of these experiences or places with happiness? Fear? Excitement? Contentment? Wonder?
- Did they bring up memories or ideas about other people?
- What does this suggest about the importance of exposing children to natural areas when working with young children?

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- What new insights did you gain in this experience?
- What really stood out for you in this experience?
- Did this experience suggest anything you want to do in relation to your experiences with natural settings or the experiences of children in your work?

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