

Health



Health: Learning Experience 2

<http://www.wested.org/facultyinitiative>

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Health

- Healthy habits for preschoolers
- Safety for preschoolers
- Nutrition for preschoolers



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- Are there foundations that did not come up in our brainstorming?
- What ideas came up in our brainstorming that are not in the foundations?

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- Are there some substrands or foundations that are very familiar and part of our own health behaviors?
- Are there some things that are important that we want to support in young children that are not in the foundations?

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- What can we learn from words or phrases that do not seem to be related to the foundations?
- Which of the above are part of our family or cultural practices?
- How can this impact our work with young children?

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- What new insights emerged as you went through this learning experience?
- How might these insights affect your work with young children now or in the future?

