



## Health

### Research Highlights

- Cleaning and disinfecting (p. 230)
- Hand washing (p. 234)
- Adjusting to environmental heat (p. 246)
- Child injury (p. 253)
- Choking (p. 257)
- Eating preferences and habits (p. 262)
- Obesity (p. 267)
- Food allergies (p. 270)

Unit 4 – Health: Key Topic 5

<http://www.wested.org/facultyinitiative/> 2

## Health

Review “Teacher Resources” (pp. 278–279)  
*California Preschool Curriculum Framework, Volume 2.*

### Additional resources:

- California Childcare Health Program (CCHP)  
(<http://www.ucsfchildcarehealth.org/>)
- <http://www.childhealthonline.org>
- Healthy Childcare Magazine (  
<http://www.healthychild.net/>)
- National Resource Center for Health and  
Safety in Child Care and Early Education  
(<http://nrckids.org/>)

## Health

Prepare a summary of the Web site, including:

- Name and URL for the Web site
- Sponsoring or funding source
- Resources available on the Web site
- Examples of resources (either hardcopy or  
selected URLs for the resources)
- Ways in which this Web site and/or its  
resources would be helpful in working on  
developing healthy habits for young children
- Ways in which the Web site could be used in  
working with families of young children



- What was most helpful about this learning experience?
- What would you like to explore more?
- Where would you need help in further explorations?
- How will this information influence your work with young children and their families now or in the future?