Health

Universal Design for Learning

- Provides for multiple means of representation, multiple means of engagement, and multiple means of expression.

(page 14) California Preschool Curriculum Framework, Volume 2
Health

Multiple means of representation
- Providing information in a variety of ways to meet the learning needs of all children

Multiple means of expression
- Allowing children to use alternative ways to communicate or demonstrate what they know or what they are feeling

Multiple means of engagement
- Offering choices in the setting or program that facilitate learning by building on children’s interests

(page 14) California Preschool Curriculum Framework, Volume 2

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- Create a visual representation to show the adaptations you have identified for your strand.
- Show examples of each of the three elements of universal design:
  - multiple means of representation
  - multiple means of engagement
  - multiple means of expression
Health

• Which adaptations stood out for you?
• Which adaptations do you think you could easily use? Which ones might seem more challenging? Why?
• What were some examples of multiple means of representation, multiple means of engagement, or multiple means of expression that crossed all three health strands?

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• What do you plan to keep in mind when planning ways to modify or adapt the learning environment and experiences to ensure that children with disabilities participate in the health domain?
"Individualization of learning includes all children."

"...temperament, family and cultural experiences, language experiences, personal strengths, interests, abilities, and dispositions..." (page 8) California Preschool Curriculum Framework, Volume 2

- What attention or stood out for your supporting the development of children with disabilities in the health domain?
- What new or different perspectives do you have? How has this presentation been helpful?
- What do you want to keep in mind when you are planning ways to modify or adapt the learning environment and experiences for children with disabilities to ensure their access to all aspects of the health domain?
What stands out from developing these lists?
What was easy about identifying how interactions and strategies addressed individualizing curriculum? What was more challenging?
Do you think it would be more difficult for you to individualize the curriculum in one of the health strands or substrands more than the others? Which one and why?
What is a first step you can take to find more resources or support in individualizing the curriculum for that strand or substrand?

“Family and community partnerships create meaningful connections.”

(pages 7-8) California Preschool Curriculum Framework, Volume 2
Health

- What considerations appeared most frequently?
- Which ones require learning specific information about the families related to their background and beliefs about health, safety, and nutrition practices in the home and community?
- Which ones seem especially important based on your experiences with families?
- What are some concrete steps you would take as a teacher to find out about families’ experiences, culture, beliefs, and interests relating to health, safety, and nutrition?

What part of this class session stood out most for you today?
- Which ideas or concepts from today’s work reinforced what you have already learned or experienced? Which ones gave you a new perspective or insight?
- How might you apply a new idea or perspective to your work now or in the future?
- What information or support do you need?
- What is a first step you could take to locate this support or information? What steps could you take to start applying the new idea or perspective?
Health

- Identify two resources that will help you:
  - Ensure that children with disabilities are fully participating in the health curriculum.
  - Develop additional strategies for individualizing the health curriculum.
  - Involve families in their children’s learning related to health habits.

- Write a paper on each resource, summarizing what you learned and how you can use the information in your work.